

The Puerto Rico Chamber of Commerce  
and it's Health Committee present the



PUERTO RICO  
**Health & Insurance**  
CONFERENCE 2022  
**Telemedicine: The Puerto  
Rico Perspective**

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ADMINISTRACIÓN DE  
SEGUROS DE SALUD  
DE PUERTO RICO

**ASES**



#camaristaenaccion

# Puerto Rico Health & Insurance Conference 2022

- COMPREHENSIVE, REALIBLE AND COST-EFFECTIVE TELEMEDICINE SERVICES ARE THE NEXT CHALLENGE FOR HEALTHCARE PAYERS AND PROVIDERS.
- THE COVID-19 PANDEMIC SERVED AS A CATHALYST FOR THE SUDDEN EXPANSION AND ADOPTION OF TELEMEDICINE SERVICES.
- WITH THE PROJECTED FINALIZATION OF THE PUBLIC HEALTH EMERGENCY THERE MIGH BE A ROLLBACK OF SOME OF THE FLEXIBILITIES AFFORDED UNDER THE EMERGENCY
- THERE MUST BE A DEDICATED EFFORT TO PRESERVE THESE FLEXIBILITIES, ADJUSTING AND MODULATING PROPERLY.



# WHY TELEMEDICINE? WHY NOW?

1

Limited physical contact reduces everyone's exposure to COVID-19

2

Virtual visits ensure you get health care wherever you are located – at home, at work or even in your car

3

Virtual visits cut down on travel, time off from work, and the need for child care

4

Virtual health care tools can shorten the wait for an appointment

5

Increased access to specialists who are located far away from your hometown



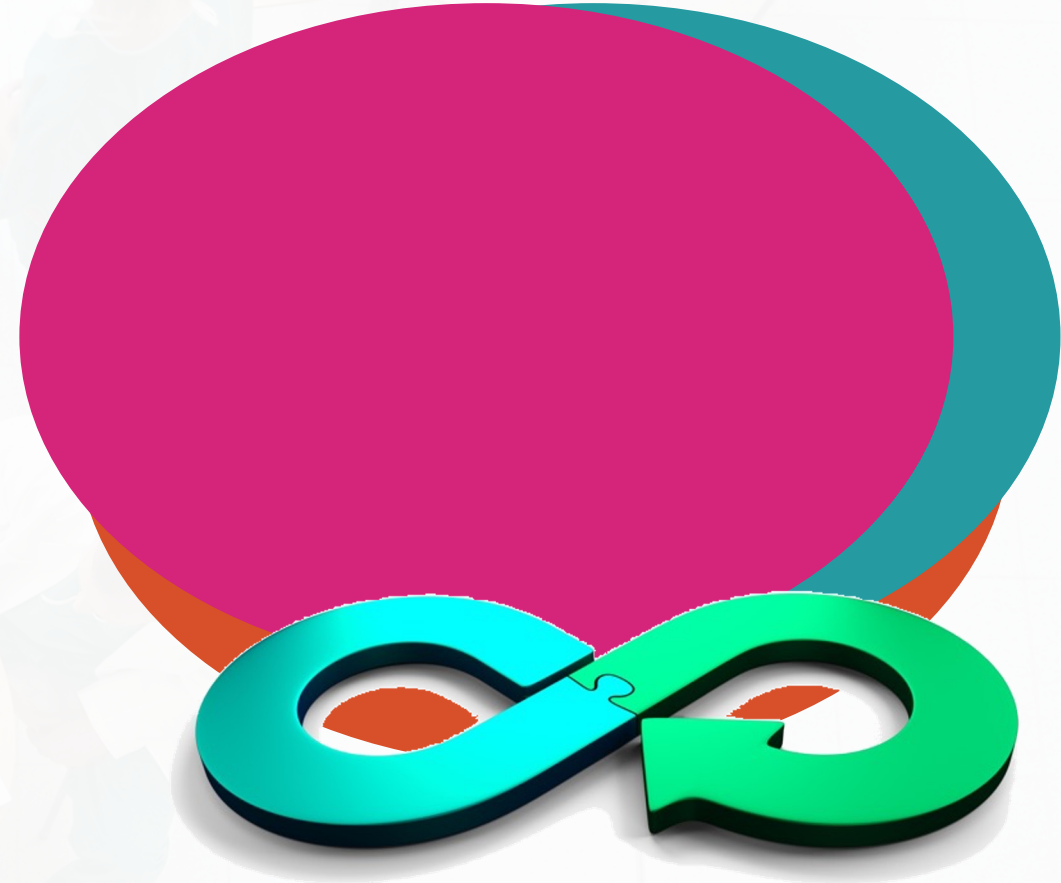
# REMOTE CARE FOR THE VERY SICK

- Use a mobile phone or other device to upload food logs, medications, dosing and blood sugar levels for review by a nurse who responds electronically.
- Watch a video on carbohydrate counting and download an app for it to your phone.
- Use an app to estimate, based on your diet and exercise level, how much insulin you need.
- Use an online patient portal to see your test results, schedule appointments, request prescription refills or email your doctor.
- Order testing supplies and medications online.
- Get a mobile retinal photo screening at your doctor's office rather than scheduling an appointment with a specialist.
- Get email, text or phone reminders when you need a flu shot, foot exam or other preventive care.



# What does ASES propose?

- Reinstatement of telemedicine regulations with an eye on flexibility, creativity and expansion, not an eye on making another bureaucratic mess.
- Telemedicine should be strongly value based: show me the money before launching generally
- Integrate, integrate, **integrate**: telemedicine must integrate with IT and HIE platforms as seamlessly as possible







# Thank you

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