

MCS | care clubs

Visit the diversity of **MCS Care Clubs Centers**, where you can enjoy a wide range of preventive services in one place, with no copayment or coinsurance, while helping you reduce risk factors.

The preventive health care program aims to establish a participant profile that allows to:

- Identify health risks early.
- Reduce health risk factors through immunization and lifestyle modifications.
- Prevent the disease occurrence or progression, promoting early and adequate care for chronic, highly prevalent conditions, such as diabetes, hypertension, and asthma.

It is an annual service that consists of 2 visits:

- **First visit**, the insured completes a Health Risk Assessment (HRA), including medical evaluation, corresponding preventive tests by age, gender and risk factors.
- **Second visit**, the insured receives a customized care plan that describes his or her current state of health, and includes actions and recommendations to maintain an optimal state of health.



MCS Care Clubs - Directory

Provider	Phone	City
Clínica Las Américas (Salus)	787.789.1996	Bayamón
Wellness Alliance	787.708.6777	Guaynabo
Clínica Las Américas (Salus)	787.789.1996	Carolina
Salus	787.789.1996	Ponce
Clínica Las Américas (Salus)	787.789.1996	San Juan

MCS asistencia al viajero

As an MCS insured, you have International **Travel Assistance Services** while traveling anywhere in the world. With one call, you can contact critical care expert personnel and certified physicians who are available 24 hours a day, 365 days a year.

