



madres y bebés saludables



Program aimed at caring for the health of the future mother and her baby.

We provide you with extensive information about pregnancy, childbirth, breastfeeding and baby care. You can participate in a course taught by certified educators in preparation for childbirth and breastfeeding.

On our website, we give you access to valuable information, that can be helpful if you're planning a pregnancy, are already pregnant, or in the process of raising your baby.

By registering for the program in your first trimester, the mom-to-be will be able to participate in educational workshops: Managing pregnancy, childbirth, and breastfeeding.



- This course allows you to learn about the anatomy and physiology of childbirth and the breastfeeding process.
- The mom-to-be and her companion are trained to work against anxiety, pain and fear, through techniques that will help them relax and be in control in the delivery process.
- Ask questions and clarify concerns.

To register for the program, go to mcs.com.pr and access MCS Madres y Bebés Saludables, or call

1.888.758.1616