



At times, life can feel overwhelming, and our balance and peace of mind suffer. If not addressed in time, your problems can become more serious and have a negative impact around you. Fortunately, MCS Solutions is there as an ally, available 24 hours a day, **365 days** a year.

**Here are some of the benefits that MCS Solutions offers:**

- **Mental Healthcare Services:** Helps maintain the state of balance between the person and his or her sociocultural environment, promoting better participation intellectually, in your relationships, and at work.
- **Treatment Controlled Substance Abuse:** Prevention and assistance in the detection of controlled substance abuse, to help the individual and family members.
- **Employee Assistance Program (PAE, by its Spanish acronym):** Work-focused intervention program aimed at the prevention, early identification and/or resolution of emotional problems that adversely affect the employee's performance.

**Through MCS Solutions, mental health professionals will help you deal with situations such as:**

- Marriage and Family Problems
- Alcohol or Drug Abuse
- Avoiding Premature Death
- Depression and Anxiety
- Work-Related Worries
- Career Changes
- Personal Development and Growth
- Situations Requiring Financial or Legal Advise

**Remember that MCS Solutions helps you handle any situation related to mental health and work environment confidentially and privately.**

**1.866.627.4327**