



### **Dr. Helen Sosa**

Assistant Secretary of Vocational and Technical Education Program, Puerto Rico Department of Education

**B**orn in Caguas, Puerto Rico, Dr. Helen Sosa received her Bachelor's and Master's in Nutrition in Public Health Science from the University of Puerto Rico. She began her career as a Nutritionist at the School Lunch Program at the Puerto Rico Department of Education. She attended Penn State University's Ph.D. program in Education obtaining a degree in Curriculum and Instruction.

Dr. Sosa returned to Puerto Rico in 1987 to work as the Dean of Students at the Metropolitan Campus of Inter American University. In 1993, she worked as Assistant Secretary for Student Services at the Puerto Rico Department of Education. In 1996, she joined the Resource Center for Science and Engineering as Program Investigator at the University of Puerto Rico, working with different proposals funded by the US Department of Education, US Department of Labor and the National Science Foundation. She is currently the Assistant Secretary for Occupational and Technical Education for the Puerto Rico Department of Education.

She is a member of the Board of Directors at the Dr. Isaac Gonzalez Martinez Oncologic Hospital and serves at various other non-profit organizations that assist children and foster literacy in adults.